

Are you stuck?

Experiencing road blocks to personal success? • Want to fill in leadership gaps and blind spots? • Know you have more potential? • Looking for personal and professional transformation?

We can help!

In Executive Coaching you will:

- Create breakthroughs in self-awareness;
- Engage, challenge and strengthen your leadership;
- Reflect on and assess your attitudes, values, beliefs that inform your thinking and behavior;
- Receive support and confidence to "lean in" and make bold moves;
- Be given a confidential space of trust and reflection;
- Be supported in improving leadership skills: communication, delegation, conflict management, team building, influencing, managing, time management, work/life balance, etc.

Hard Results:

- Develop Executive Presence
- Increase Productivity
- Build Confidence
- Heighten Communication Skills
- Improve Relationships
- Create Clarity
- Manage Transitions
- Connect Your Purpose and Passions with Goals
- Enhance Work/Life Balance

“I absolutely believe that people, unless coached, never reach their maximum potential.”

~Bob Nardelli, CEO
Chrysler Corporation

executive coaching



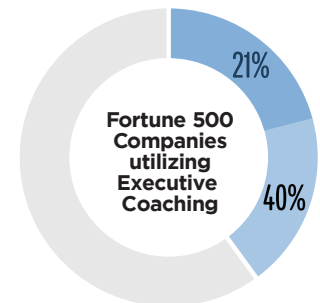
Our process focuses on three elements:

1. The coachee's individual goals;
2. Just-in time learning opportunities from the coachee's experiences;
3. Coach-introduced concepts targeted at the coachee's experiences and goals.



A Metrix Global study of large companies demonstrated an average return of \$7.90 for every \$1.00 invested in executive coaching.

21-40% of Fortune 50 companies utilize Executive Coaching to develop the leadership potential of both elite executives and talented up-and-comers (Hay Group study).



Our consultants are certified with International Coach Federation's (ICF) ACC credential.