Are you stuck?

Experiencing roadblocks to personal success? • Want to fill in leadership gaps and blind spots? • Know you have more potential? • Looking for personal and professional transformation? We can help!

In Executive Coaching you will:
• Create breakthroughs in self-awareness;
• Engage, challenge and strengthen your leadership;
• Reflect on and assess your attitudes, values, beliefs that inform your thinking and behavior;
• Receive support and confidence to "lean in" and make bold moves;
• Be given a confidential space of trust and reflection;
• Be supported in improving leadership skills: communication, delegation, conflict management, team building, influencing, managing, time management, work/life balance, etc.

Hard Results:
• Develop Executive Presence
• Increase Productivity
• Build Confidence
• Heighten Communication Skills
• Improve Relationships
• Create Clarity
• Manage Transitions
• Connect Your Purpose and Passions with Goals
• Enhance Work/Life Balance

“\[I\hspace{1pt}\text{absolutely believe}\hspace{1pt}that\hspace{1pt}people,\hspace{1pt}unless\hspace{1pt}coached,\hspace{1pt}never\hspace{1pt}reach\hspace{1pt}their\hspace{1pt}maximum\hspace{1pt}potential.\]\]”

~Bob Nardelli, CEO Chrysler Corporation
Our process focuses on three elements:

1. The coachee's individual goals;
2. Just-in time learning opportunities from the coachee's experiences;
3. Coach-introduced concepts targeted at the coachee's experiences and goals.

A Metrix Global study of large companies demonstrated an average return of $7.90 for every $1.00 invested in executive coaching.

21-40% of Fortune 50 companies utilize Executive Coaching to develop the leadership potential of both elite executives and talented up-and-comers (Hay Group study).

Our consultants are certified with International Coach Federation's (ICF) ACC credential.